



## Rise, and Do Not Be Afraid

Parish Lenten Mission

Preached by Rev. Matthew Allman, CSsR

March 12th - 14<sup>th</sup>, 7 p.m.

Join us as Redemptorist missionary Fr. Matthew guides us on an encounter with Jesus through God's word, inspiring preaching, beautiful music, quiet reflection and the grace of the sacraments. Together, let us experience the mercy and strength Christ gives us to rise up and live the gospel.

- ◆ **Sunday Night:** We begin our journey by calming our minds and opening our hearts to God's voice with an evening of music & prayer in the style of the Taizé Community.
- ◆ **Monday Night:** In celebrating God's word and an opportunity to receive the Sacrament of Reconciliation, our loving Father lifts us up and holds us in His loving embrace.
- ◆ **Tuesday Night:** At our closing Mass in honor of Our Lady of Perpetual Help we give thanks to God and are sent out to share the joy of the gospel. Reception to follow in parish hall.

### What is Taizé?

Taizé is an ecumenical community in France whose worship features meditative singing and periods of quiet reflection to help those gathered enter into a conversation with Christ and rest in His presence.



**Fr. Matthew Allman, CSsR**, is the Provincial Consultor and Vocation Director for the Baltimore Province of the Redemptorist missionaries. A former columnist and contributor to Liguorian Magazine, Fr. Allman has ministered *in parishes* in the U.S. and the Caribbean, as well as at the National Shrine of St. John Neumann in Philadelphia, PA. He has preached parish missions and offered retreats to priests, religious, and laity for sixteen years.

*Jesus came and touched them, saying, "Rise, and do not be afraid". - Mt 17:7*